

# Questions and answers - Otinova® ear spray

#### What is Otinova® used for?

To treat ear canal inflammation (external otitis), ear canal eczema, so-called swimmers.

# Who should use Otinova®?

- People with a tendency to suffer from external otitis
- Swimmers, divers
- Travelers to hot and humid climates
- Users of hearing aids, headphones, earplugs, etc.

#### How does Otinova® work?

Otinova® has a local astringent, dehydrating, decongestant, antipruritic effect and has a bactericidal and antifungal effect.

#### What does Otinova® contain?

Aluminum acetate and aluminum acetotartrate (1.8% aluminum), acetic acid (8.25%), water, pH 3-4. (Burow's solution, British Pharmacopoeia). 15 ml (150 doses).

## How is Otinova® dosed?

Otinova® is sprayed 1-2 times in the ear canal morning and evening. The head is tilted after spraying so that the liquid reaches at the bottom of the ear canal. Otinova® should not be used without interruption for longer than 7 days.

In case of incipient symptoms, Otinova® is used as above and in case of pronounced symptoms, it should also be avoided contact with water and do not prick your ears. The ear canal should also not be exposed to soap and shampoo. If you do not feel significantly better after 1-3 days of treatment, you should see a doctor.

#### Can children use Otinova®?

Otinova® should not be used in children under 5 years of age without a doctor's recommendation (eardrum check).

# Can pregnant and lactating women use Otinova®?

No studies have been performed in pregnant or lactating women; therefore caution should be exercised. However, the system exposure of Burow's solution is expected to be very low.

## Can Otinova® cause any side effects?

Otinova® may cause transient mild irritation / burning in the ear canal. If the sweat persists or if the symptoms worsen, the patient should seek care. Rare cases of local hypersensitivity have been reported.

Salt precipitation in and severe dehydration of the ear canal may occur, in case of overdose and / or prolonged use.

Isolated cases of eardrum perforation have been reported in association with heavy saline precipitation at high doses for more than 20 days without interruption. Otinova® should not be used in case of suspected perforation of the eardrum.

## Read the package leaflet, which can be found in the box.

For more information visit otinova.com.

